



**The Fair Lawn Volunteer Ambulance Corps.
would like to invite our residents to**

LEARN CPR & Basic First Aid



CPR saves lives. Statistics show that the earlier CPR is initiated, the greater the chances of survival. In fact, the American Heart Association estimates that 100,000 to 200,000 lives of adults and children could be saved each year if CPR were performed early enough.

Join in the battle to save lives

Approximately 45% of all heart attacks occur in people under age 65.

No family can rely on 911 alone. When someone stops breathing, or the heart stops beating, he or she typically can survive for only 4 to 6 minutes before lack of oxygen can result in brain damage or death. CPR can buy extra time for your loved one, until professional help can arrive, by artificially circulating oxygen to the brain.

Over 70% of all cardiac and breathing emergencies occur in the home when a family member is present and available to help a victim.

Over 1.5 million heart attacks occur each year, and approximately 350,000 of these people die before ever reaching a hospital.

**YOU CAN MAKE A DIFFERENCE TOO,
LEARN HOW TODAY**

Class Schedule:

Fair Lawn Ambulance Corps
1 Coopers Way Fair Lawn NJ 07410

Adult/Pediatric CPR: Sunday, **February 7th**, 2010: 12:00pm – 3:00pm

Adult/Pediatric CPR: Saturday, **May 15th**, 2010: 12:00pm – 3:00pm

Basic First Aid: Sunday, **May 16th**, 2010: 12:00 – 3:00pm

Adult/Pediatric CPR: Saturday, **August 14th**, 2010: 12:00pm – 3:00pm

Basic First Aid: Saturday, **November 13th**, 2010: 12:00 – 3:00pm

Adult/Pediatric CPR: Sunday, **November 14th**, 2010: 12:00pm – 3:00pm

Registration will be \$10.00 per class to cover course materials and a completion card.

To register please fill out and return the registration below:



Fair Lawn Volunteer Ambulance Corps
CPR training 2010

Name: _____

Address: _____

Phone Number: _____

____ **Basic First Aid Date:** _____

____ **Adult/Pediatric CPR Date:** _____

Please make checks payable:
Fair Lawn Volunteer Ambulance Corps.
PO Box 282
Fair Lawn, NJ 07410

Any questions please call us: 201 - 797 -5321