



**The Fair Lawn Volunteer Ambulance Corps.  
would like to invite our residents to**

## **LEARN CPR & Basic First Aid**



**CPR saves lives. Statistics show that the earlier CPR is initiated, the greater the chances of survival. In fact, the American Heart Association estimates that 100,000 to 200,000 lives of adults and children could be saved each year if CPR were performed early enough.**

## **Join in the battle to save lives**

**Approximately 45% of all heart attacks occur in people under age 65.**

**No family can rely on 911 alone. When someone stops breathing, or the heart stops beating, he or she typically can survive for only 4 to 6 minutes before lack of oxygen can result in brain damage or death. CPR can buy extra time for your loved one, until professional help can arrive, by artificially circulating oxygen to the brain.**

**Over 70% of all cardiac and breathing emergencies occur in the home when a family member is present and available to help a victim.**

**Over 1.5 million heart attacks occur each year, and approximately 350,000 of these people die before ever reaching a hospital.**

**YOU CAN MAKE A DIFFERENCE TOO,  
LEARN HOW TODAY**

# Class Schedule:

Fair Lawn Ambulance Corps  
1 Cooper's Way Fair Lawn NJ 07410

**Adult/Pediatric CPR:** Sunday, **February 8th**, 2009: 12:00pm – 3:00pm

**Adult/Pediatric CPR:** Saturday, **May 16th**, 2009: 12:00pm – 3:00pm

**Basic First Aid:** Sunday, **May 17th**, 2009: 12:00 – 3:00pm

**Adult/Pediatric CPR:** Saturday, **August 15th**, 2009: 12:00pm – 3:00pm

**Basic First Aid:** Saturday, **November 14th**, 2009: 12:00 – 3:00pm

**Adult/Pediatric CPR:** Sunday, **November 15th**, 2009: 12:00pm – 3:00pm

Registration will be \$10.00 per class to cover course materials and a completion card.

To register please fill out and return the registration below:



**Fair Lawn Volunteer Ambulance Corps**  
**CPR training 2009**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

\_\_\_\_ **Basic First Aid Date:** \_\_\_\_\_

\_\_\_\_ **Adult/Pediatric CPR Date:** \_\_\_\_\_

Please make checks payable:  
Fair Lawn Volunteer Ambulance Corps.  
1 Cooper's Way  
PO Box 282  
Fair Lawn, NJ 07410

Any questions please call us: 201 - 797 -5321